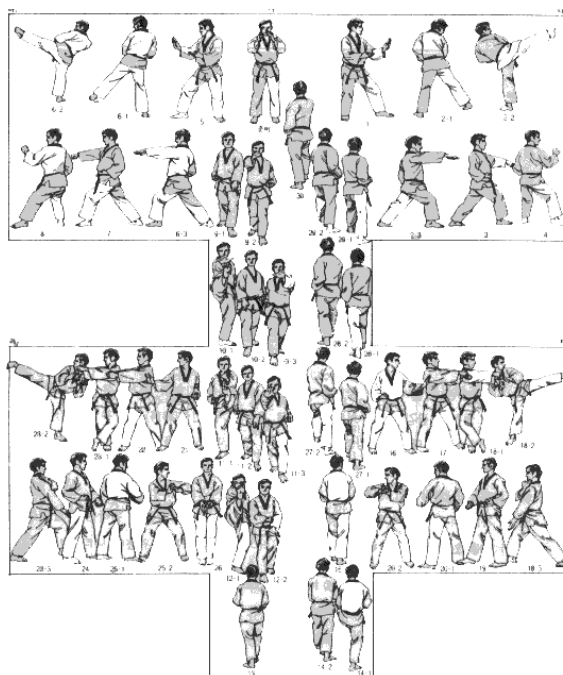


2019 USAT/MSTA Poomsae Development Seminars

Registration Packet

January 26th & 27th, 2019

Seminar Venue:
Vuong's TKD Center
1117 State Rt. 3 North Gambrills, MD 21054



Organized by:

Maryland State Taekwondo Association

Seminar Instructor: *International Referee Grand Master Raymond Hsu*

- Kukkiwon 8th Dan Black belt
- WT Poomsae IR Seminar Instructor
- WT Kyorugi / Poomsae International Referee (1st Class)
- Kukkiwon Hammadang International Referee
- PATU Poomsae Committee Member
- USAT Poomsae & Kyorugi Referee Seminar Instructor
- USAT Referee Supervisory Board Member
- WT World Poomsae Championship Referee ('08 – '16)



More Information at:

WWW.MARYLANDTAEKWONDO.ORG

For Information Call: (410) 721-4400 / E-Mail: marylandtaekwondo@gmail.com

2019 USAT/MSTA Poomsae Development Seminar

January 26th & 27th, 2019



Message from the MSTA President

Greetings Grand-Masters, Masters, Instructors, Athletes, & Parents,

January 14, 2019

Invitation to the 2019 USAT/MSTA Poomsae Development Seminars:

I am pleased to announce that the MSTA will be hosting for the 3th year, a USAT Certified Poomsae Development Seminar on January 26th, followed by a MSTA Poomsae Development Seminar on January 27th in Gambrills, Maryland.



For MSTA's 4th USAT Certified & 7th MSTA Poomsae Seminar, we have once again been able to attain one of the highest authorities on the WT/USAT rules and regulations of Poomsae competition; Grand Master Raymond Hsu. Grand Master Hsu is not only one of the most recognized authorities on Poomsae in the United States, he is also a WT Poomsae IR Seminar Instructor. If you are competing, have students that are or will be competing on a Qualifier or National level, then this is a MUST seminar. I believe this seminar will greatly enhance everyone's Poomsae knowledge not only as a competitor, Instructor, or Master but also as a Martial Artist. With everyone's support, the sport of Taekwondo will continue to thrive in Maryland as we train the next generation of champions by teaching them to apply the latest rules, regulations, and techniques of Taekwondo in competition.

Respectfully,

Senior Master Chien Vuong

Chien Vuong

Maryland State Taekwondo Association President

Schedule of Events

2019 USAT CERTIFIED POOMSAE DEVELOPMENT SEMINAR			
SATURDAY (01/26/19)			
EVENT	TIME	AGES	ACTIVITY
USAT Seminar	9 am – 12:30 am	16 and up	WT Poomsae
LUNCH	12:30 pm – 1pm	16 and up	Eating (MSTA will not provide Lunch)
USAT Seminar	1pm – 6pm	16 and up	Continue Poomsae / Certification Testing
2019 MSTA POOMSAE DEVELOPMENT SEMINAR			
SUNDAY (01/27/19)			
EVENT	TIME	AGES	ACTIVITY
SESSION 1	9:30 am – 10:30 am	8 and up	WT Poomsae Basic
	10:30 am – 12:30 pm		Poomsae – Taegeuk 1,2,3,4,5
LUNCH	12:30 pm – 1:30 pm		Eating (MSTA will not provide Lunch)
SESSION 2	1:30pm – 3:30 pm	8 and up	Poomsae: Taegeuk 6,7,8, Koryo
SESSION 3	3:30 pm – 6pm	10 and up Black Belts only	Poomsae: Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

2019 USAT Certified Poomsae Development Seminar

January 26, 2019

USAT Certified Seminar

Costs:

- Certification seminar fee - \$70 (can register online or pay at the door by Cash, Cashiers Check/Money Order (made out to MSTA)).
 - <https://www.usat.hangastar.com>
- Audit fee - \$40 (can register at the door (Cash, Cashiers Check, or Money Order made out to MSTA)).
 - Any age, any belt can participate as an auditor. ***** Auditor will not be tested or receive certification *****

Time:

- Poomsae seminar will start at 9am and expected to finish before 6pm (depending on the amount of participants).

Course:

- Please refer to the schedule on page 2 and course requirements below.

Poomsae Referee Certification Requirements

Basic requirements for USATKD referee certification are as follows:

- Must be a U.S. citizen or permanent resident.
- Must be a current USATKD member.
- Must be at least 18 years of age.
- Must complete and pass USATKD-approved background check every two years (18 years and older only).
- Must complete and pass U.S. Center for Safe Sport training every two years (all ages).
- Must hold rank of 1st Dan or higher.
- Non-Black Belts over 18 years old and Red Belts over 16 years old can earn provisional Poomsae Referee certification according to the guidelines below.
 - Provisional Certification: Non-Black Belts Over 16 Years of Age Non-Black Belt students, parents, and other interested persons over 16 years old may attend Referee certification seminars and Referee Training Camps for sparring and poomsae. Upon successful completion of promotion requirements, they can earn provisional certification up to C level and participate as referees at local events and USATKD state championships; they may also serve as computer operators at USATKD national events. Upon attaining 1st Dan, they can receive official USATKD referee certification appropriate to their level.

Requirements for Poomsae certification

A Level	
Time Requirement	Min of 24 Months at B Level
Seminar/Camp Requirement	2 Poomsae Seminars plus 2 Poomsae Camps
Written Test	Online (Passing Grade: 70%)
Required Competencies	Rules, Judging, Ring Coordinator, Ring Management
Evaluations	1 at camp or event, plus 1 at event
Must Be Able To Judge	• Taeguek 1-8 • Koryo • Keumgang • Taebaek • Pyongwon • Sipjin • Jitae • Chungkwon • Hansu
	• Breaking • Demo Team • Freestyle with Eval
Physical Evaluation	Poomsae Performance
Sanctioned Events*	Minimum of 8, including at least 2 USATKD State Championships and 2 USATKD National Championships

* Includes USATKD State Championships, NCTA Championships, Junior and Senior National Championships, USATKD Poomsae Team Trials, and other USATKD-sanctioned events.

B Level	
Time Requirement	Min of 18 Months at C Level
Seminar/Camp Requirement	1 Poomsae Seminars plus 1 Poomsae Camps
Written Test	Online (Passing Grade: 70%)
Required Competencies	Rules, Judging, Ring Coordinator
Evaluations	1 camp or event
Must Be Able To Judge	• Taeguek 1-8 • Koryo • Keumgang • Taebaek • Pyongwon • Sipjin • Jitae • Chungkwon • Hansu
	• Breaking • Demo Team • Freestyle with Eval
Sanctioned Events*	Minimum of 6, including at least 1 USATKD State Championships and 1 USATKD National Championships

* Includes USATKD State Championships, NCTA Championships, Junior and Senior National Championships, USATKD Poomsae Team Trials. and other USATKD-sanctioned events.

C Level	
Time Requirement	Min of 12 Months at D Level
Seminar/Camp Requirement	1 Poomsae Seminars & 1 Poomsae Camps
Written Test	Online (Passing Grade: 70%)
Required Competencies	Rules, Judging, Ring Coordinator
Evaluations	At camp or event
Must Be Able To Judge	• Taeguek 1-8 • Koryo • Keumgang • Taebaek • Pyongwon • Sipjin
	• Breaking • Demo Team
Sanctioned Events*	Minimum of 4, including at least 1 USATKD State Championships

* Includes USATKD State Championships, NCTA Championships, Junior and Senior National Championships, USATKD Poomsae Team Trials, and other USATKD-sanctioned events.

D Level	
Minimum Age	16
Rank Requirement	1st Dan
Seminar Requirement	1 Poomsae Seminar
Written Test	Online (Passing Grade: 70%)
Required Competencies	Rules, Judging
Must Be Able To Judge	• Taeguek 1-8 • Keumgang • Koryo
	• Breaking

2019 MST A Non-Certified Poomsae Development Seminar

January 27, 2019

MSTA non-Certified Seminar

Cost:

- On-Site
 - \$40 per session / \$100 for 3 sessions (Cash, Cashiers Check, or Money Order made out to MST A.)

Time:

- Poomsae seminar will start at 9:30am and finish at 6pm.

Course:

- Please refer to the schedule on page 2 for course info and the application on the next page.



MSTA Poomsae Development Seminar Application

On-site Registration Only.

Please arrive early to register before your session begins. Session 1 of the Seminar will begin promptly at 9:30am.

Seminar Information

Seminar Date: January 27, 2019 Seminar Host: Maryland State TKD Association at Vuong's Martial Arts

Seminar Instructor: Grand Master Raymond Hsu (WT Poomsae IR Seminar Instructor / WT Poomsae IR 1st Class)

Seminar Fee:	<i>Pre-registration</i>		<i>On-Site Registration</i>	
	<i>\$40 per session</i>	<i>\$100 for 3 sessions</i>	<i>\$40 per session</i>	<i>\$100 for 3 sessions</i>

Participant Information

All attendees are required to wear a Taekwondo Dobok for seminar.

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

Date of Birth: _____ Age: _____ Gender: M F

Please Circle One U.S. Citizen U.S. Resident Other Please List: _____

Belt Rank: _____

Poomsae Seminar Sessions / Fees

Please check below which sessions you are signing up for:

Sunday, January 27 : Session 1 Session 2 Session 3

Seminar Fee:	<i>Pre-registration</i>		<i>On-Site Registration</i>	
	<i>\$40 per session</i>	<i>\$100 for 3 sessions each additional session \$40</i>	<i>\$40 per session</i>	<i>\$100 for 3 sessions each additional session \$40</i>

Please select Payment Type:

Cash Cashiers Check/Money Order - (Please make checks/money orders out to MSTA)

Session(s): _____ Total: \$ _____

All participants must be at least 10 years old and pay seminar fee in order to be eligible to participate in the Poomsae Development Seminar.

I hereby pledge to accept the Rules and Regulations of the Maryland State Taekwondo Association.

Signature: _____ Date: _____



2019 MSTA Poomsae Development Seminar



MSTA
1117 State Rt. 3 North
Gambrills, MD 21054
www.marylandtaekwondo.org

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the Maryland State Taekwondo Association (MSTA), Master Raymond Hsu, Master Chien Vuong, Master John Holloway, Master Yong Seong “CJ” Chang, Master Joseph Pirczhalski III, this seminar, its organizing committee, the World Taekwondo, Vuong’s Martial Art Center, and all members of this seminar, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the seminar takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above seminar, or which may arise out of traveling to, participating in, and returning from this seminar. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this seminar. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child’s own actions, or inactions, and/or the actions or inactions of others participating in the seminar.
- I understand that the MSTA Poomsae Development Seminar rules are based on the rules of the USAT & WT. I agree to all the seminar rules and understand that any pictures taken of me in connection with the MSTA Poomsae Development Seminar may be used by the organizer for publicity or promotion without compensation.
- I have read this agreement, fully understand it’s terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name

Participant's Signature

Date

Parent/Guardian's Printed Name

Parent/Guardian's Signature

Date

